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EMILY STILLINGS

(she/her)
 SAG-AFTRA/AEA
www.emilystillings.com



THEATER

THE KING AND I (Broadway)	Ensemble	Bartlett Sher / Christopher Gattelli
SOFT POWER (The Public Theater)	Swing / Cast Album (Grammy Nom)	Leigh Silverman / Sam Pinkleton
FOR YOU, PAIGE (TikTok)	Ensemble	Emily Maltby / Maria Houssen/ Katie Spelman
MISS SAIGON (First National Tour)	Ensemble	Laurence Connor / Bob Avian

TV/FILM

TICK, TICK... BOOM!	Modern Dancer / Boho Days	NFLX - Lin-Manuel Miranda / Ryan Heffington
THE 75th ANNUAL TONY AWARDS	Dancer	PAR+ - Sarah O’Gleby
THE KENNEDY CENTER 50th CONCERT w/Common and Kelly Marie Tran	Principal Singer	PBS - Joshua Bergasse
SATURDAY NIGHT LIVE Multiple Episodes Multiple Seasons	Principal Dancer	NBC - Danielle Flora Nick Kenkel Sarah O’Gleby
LIP SYNC BATTLE Multiple Episodes	Principal Dancer	SPIKE - Danielle Flora
THE DAILY SHOW w/TREVOR NOAH	Principal Dancer	COM - April Cook
WORLD NEWS TONIGHT POLKA	Tap Dancer	ABC - April Cook
GOOD MORNING AMERICA	Dancer	ABC - Chio

LIVE DANCE

THE MET GALA	Dancer	Andy Blankenbuehler
J CHEN PROJECT	Dancer	Jessica Chen / Karla Garcia
NAAP’S “TURKEY LURKEY TIME”	Miss Polanski/Ensemble	Baayork Lee
GOLDEN LOTUS (LAB)	Mistress Ping/Ensemble	Ed Iskandar / Chase Brock
CARNAL	Dancer	Cherice Barton

COMMERCIALS/INDUSTRIALS/PRINT

“WELCOME TO HELL” SNL SHORT	Principal Dancer	Chor. Danielle Flora / Olivia Cipolla
GRAND HYATT w/Josh Groban	Principal Dancer	Chor. Danielle Flora
VENUS SWIRL w/Julianne Hough	Principal Dancer	Chor. Jasmine Meakin
THINX UNDERWEAR	Dancer	Chor. Gigi Torres
AQUALILLIES	Dancer/Swimmer	Dir. Mary Jeanette
INSTYLE MAGAZINE	Model/Swimmer	Dir. Mary Jeanette
DANCE MAGAZINE	Model/Dancer	Dir. Reese Snow
ULTA / REDKEN	Model	Dir. Sarah Carey / David Thomsen

TRAINING

Marymount Manhattan College BFA Dance Program
 DANCE: Greg Zane, Gigi Torres, Chio, Jessica Castro
 VOICE: Mike Ruckles, Bettina Sheppard, Casey Erin Clark, Jasper Grant
 ACTING: Kim Fischer

SPECIAL SKILLS

Front handspring, walkovers, baton twirling, partnering, basic puppeteer, rapping, can hula-hoop for 2hrs 56mins, fully vaccinated, valid U.S. passport and license, high school valedictorian.